

# Welcome to the Pre-Departure Evening

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This presentation is for HZ-students who will study abroad in 2025-2026 AND for their parents.

It also contains some useful information for students who will do an internship abroad

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3. WHAT IF? THERE IS A CALAMITY

You're smart! Because you are thinking of taking part in the Study Abroad minor and/or doing your internship outside the Netherlands. You know that this is good for your personal development and that it certainly looks good on your CV. But above all, it's a great adventure! You choose yourself where you go and the HZ International Office assists you in the entire process.

### Go Abroad Fair - 13 and 14 November



### Internship

You can do a (graduate) internship all over the world. You have to apply for your internship.

[About internship abroad >](#)

### Study Abroad minor

In your third or fourth year, you can do a minor abroad. To do so, a number of conditions apply.

[About studying abroad >](#)

### Grants/Scholarships

There are several ways to apply for a grant or scholarship. This can be for both study and internship.

[About grants/scholarships >](#)

### Safety

Travelling to and staying abroad is not without risks. Make sure you know what you can do.

[About safety >](#)

### International Office

The HZ International Office helps you with all your questions about studying or doing an internship abroad.

[About the International Office >](#)

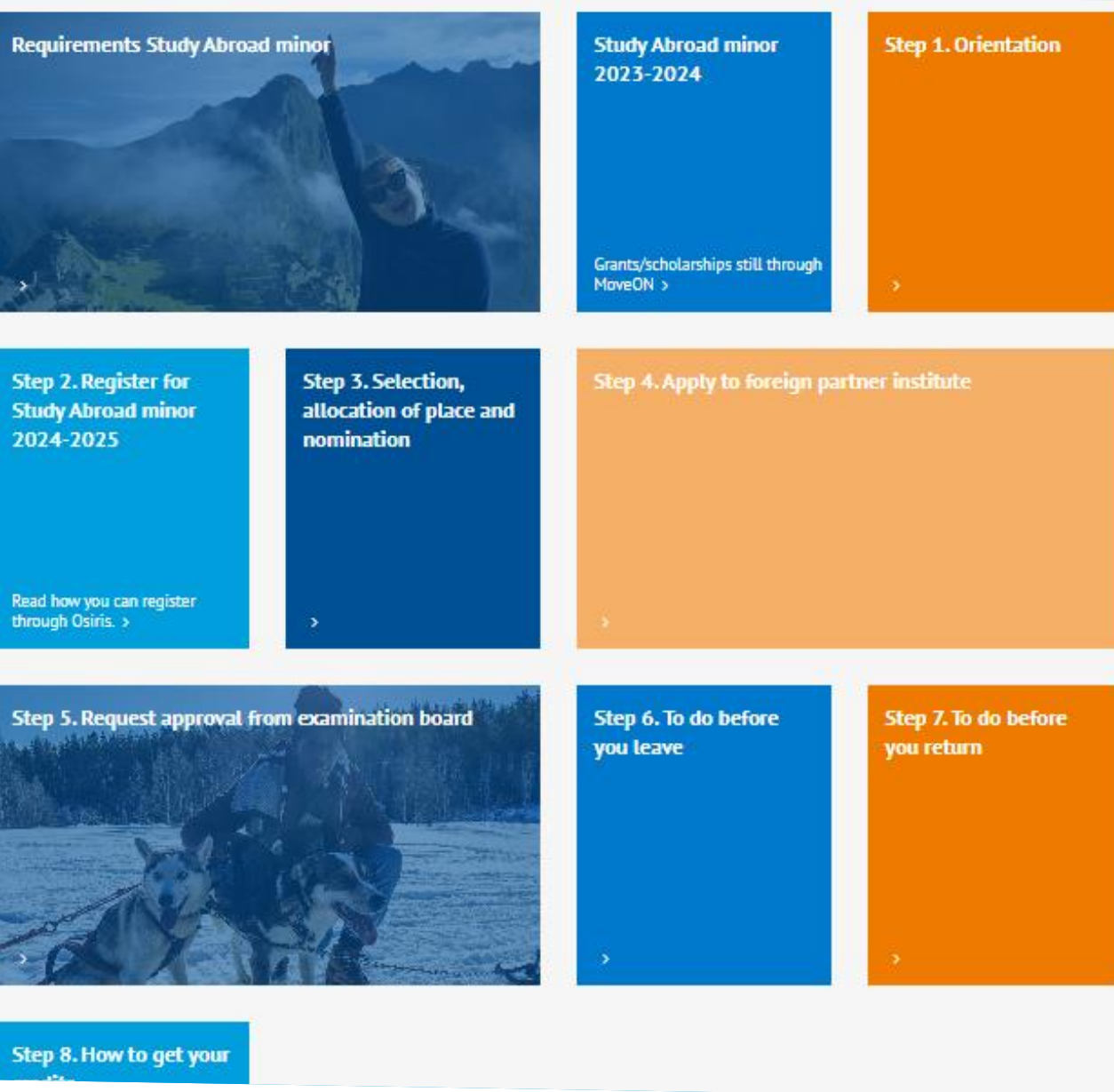
### Pre-Departure evening



# INFORMATION ON MYHZ

## MyHZ > Students > Study and Internship Abroad





# STUDY ABROAD MINOR – STEP BY STEP PLAN

# STUDY ABROAD MINOR

STEP BY  
STEP  
PLAN

## 1. Application to the partner institute– step 4

Students will receive an invitation by the HZ Int. Office per partner institute to fill out the forms and to get explanation on the documents they have to send.

## 2. After acceptance by the partner institute.

The partner institute will send the student further information on exact semester dates, introduction, accommodation etc.

Advice: contact the students who already studied at the partner institute where you will go. You find their names on the evaluation forms in the website with the destinations for the Study Abroad minor.

## 3. Approval course selection by HZ Exam Committee – step 5

- EU: HZ Learning Agreement + OLA.
- Non-EU: HZ Learning Agreement.
- 6 'Back-up' courses to be approved by DEX.
- Changes to original course selection: **always ask approval to the HZ Exam Committee/DEX.**
- After finishing the semester: transcript.

# INSURANCES

## 1. Health insurance:

Coverage during entire stay abroad!

- Canada/USA: English confirmation complete coverage according Canadian/USA-standards (unless you had to buy the mandatory insurance of the host university).
- EU/EER + Switzerland: EHIC.
- Türkiye: 'buitenland form' 111 or other form depending on the country where you concluded your health insurance.
- Internship abroad: differs per country. General rule: if you get a 'salary' the internship is considered as 'labor'. In that case: health insurance of host country. Contact the social security organisation of the host country:  
<https://www.nederlandwereldwijd.nl/zorgverzekering-buitenland/studeren-stage>

## 2. Liability insurance

## 3. Accident insurance

**For 2 + 3: coverage abroad? If yes: entire stay?**

## 4. Travel insurance: **coverage during entire stay abroad?**

## 5. Desirable: legal aid insurance

Special student packages: e.g. AON / OOM

Other insurance companies, contact them to ask:

- **Coverage during entire stay abroad?**
- **Do you have to report that you will go abroad?**

# WHAT IF? THERE IS A CALAMITY?

- Contact the international office of the partner institute and read the information they may send you.
- Contact the HZ International Office (advice).
- Inform us about your plans / decisions: we have to know about your whereabouts.
- Follow the instructions of the local authorities.
- Follow the travel advice of the [Dutch Ministry of Foreign Affairs](#) (+31 247 247 247).
- Contact the 'Alarmcentrale' /Emergency Center of your travel insurance
- Or Contact ISP 24/7: +31(0)320-331343

If necessary/possible, continue following the courses online at the partner institute, according your Learning Agreement even if you return to the Netherlands or your home country.

# LAST BUT NOT LEAST

Do not de-register at the townhall (< 8 mnd.).

- Request DUO for the OV-allowance if you have a 'travel product'
  - For Dutch students: request 'Uitwonende beurs' if that applies to you.
- On MyHZ you find out how to request these.

Thank you for reading the information on MyHZ, it will answer a lot of your questions.

At the end of your semester in the USA or Canada: ask for your official transcript. You may have to pay a small fee for this.

At the end of your semester in the EU/Erasmus+ destination: Statement of Host Institution.





You're welcome to contact us if you have a question or a problem:

- \* Evelien Clemminck: Scandinavia, South Korea
- \* Angela Ibarra: remaining EU-countries, Malaysia, Hong-Kong
- \* Johannetta van den Broek: North- and South America, Thailand
- \* Jolanda Boot: grants@hz.nl: questions on grants

😊 And send us your messages for  
Instagram: Hz\_studentsabroad